

SHI WAN NET POST

Food Around the World

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By Miss Elaine, Miss Alex, Miss Cristina, Dr Ghosh and Miss Jennifer



Even though I am from Canada, **Italian food** is my favourite! In Italy, people eat a lot of **pasta, pizza, meat, cheese and bread**. There are many different types of pasta. I like **spaghetti carbonara** which has lots of **cheese, eggs and bacon**. When I am cooking at home, I like to make **spaghetti and meatballs**.

Miss Elaine



I like to make **meat and cheese boards** at home too. You can choose a lot of different things to put on your board and arrange it so it looks beautiful and delicious. Don't forget about dessert! My favourite Italian desserts are **raspberry panna cotta** and **pistachio cannoli**. They are sweet treats with a lot of cream, but panna cotta tastes **soft** and cannoli is **crunchy**.



Miss Alex



In Ireland, we love **potatoes**! We eat them mashed, boiled or roasted. We even use potatoes to make **bread** and **pancakes**! You can find **potato bread** in our famous **Ulster Fry**. An Ulster Fry is a big fried breakfast with sausages, bacon, potato bread and baked beans, it can have many more things too! It's delicious!



However, I don't eat it anymore because I'm **vegetarian** which means that I **don't** eat meat. Now, I love to eat Thai food. Even though many Thai dishes have meat, you can easily make vegetarian Thai food. My favourite dish is **green curry** with lots of tofu and vegetables because it is **spicy** and so yummy!



Miss Cristina



My ultimate favourite seafood is **King Crab**. We bought this last January and it was a hard work getting it in the pot. However, it was all worth it as it was sweet and delicious. I can't wait for our next meal of King Crab.

I am a big fan of **seafood**. I like **crabs**, **oysters**, **lobsters**, **shrimps**, **octopuses**, **clams** and **squids**. I like them grilled, steamed, stir-fried or in a spicy curry or Sichuan sauce. Have you heard of '**Gejang**'? It is a fresh raw marinated crab in soy sauce or chilli pepper powder. I'm sure not many of you will be keen on eating raw or uncooked crab, but some, like me, find it delicious.



have a good day.



Dr Ghosh



In **India**, the **two** main ingredients of our food are **spices** and **herbs**. We have various types of spices and more than 11 types of herbs. Herbs help to develop immunity and spices bring the taste.



I am a passionate cook and here are some food that I have cooked. Some of them are traditional food and some are snacks but they are all yummy. I am also sharing the photos of some traditional food you can find in Indian restaurants in Hong Kong. Is your mouth watering just from looking at these food photos? You are welcome to explore the **Indian cuisine**.



Miss Jennifer



I love eating a lot of different foods from different countries. But I would like to share with you my most favourite! It's **Korean food**! Because of the Korean shows that I watch, I keep learning more about their culture especially their cuisine. Luckily, there are lots of Korean products and food selling in Hong Kong.

I like cooking during weekends and I usually buy or cook different **Korean** snacks and dishes for my family. My favourite Korean foods are "**japchae**" (glass noodles), "**jajangmyeon**" (noodles in black bean sauce), "**samgyeopsal**" (grilled pork belly), "**pa jun**" (pancake with scallions), "**tteokbokki**" (rice cakes), "**rabokki**" (tteokbokki with ramyeon noodles), "**mayak gyeran**" (marinated quail eggs) and "**mandu**" (dumplings).



QUIZ TIME!

Match the food to the teacher who likes it! Write the correct letter in the ●.

1 ●



2 ●



3 ●



4 ●



5 ●



- A. Miss Elaine
- B. Miss Alex
- C. Miss Cristina
- D. Dr Ghosh
- E. Miss Jennifer